



**‘Trust in the Lord
with all your heart’
(Proverbs 3:5)**

St Laurence's PARISH RETREAT

91 MILTON RD, CAMBRIDGE, CB4 1XB

Friday 18th July (18:00 - 21:15)
Saturday 19th July (09:30 - 21:15)
Sunday 20th July (11:00 - 14:30)

Come and See!

A weekend of encounter and renewal with Transform Ministries.
This retreat invites you to open your heart more deeply to God and rediscover the freedom that comes from placing your trust in the One who knows and loves you completely.

What to expect?

Uplifting praise and worship music, engaging talks, personal testimonies, healing services and fellowship



**Alexander
Thanickal**

**Clare
Fox**

**Fr Gladson Dabre
OSA**

**Marcel & Aletea
Sato**

St Laurence's PARISH RETREAT

FRIDAY 18th JULY

18:00 - 18:30	Mass
18:30 - 19:15	Gather for soup and refreshments
19:15 - 19:30	Praise and Worship
19:30 - 19:40	Introduction by Fr. Robin
19:40 - 20:15	Talk 1
20:15 - 21:30	Expose Blessed Sacrament and corporate healing service
21:30	Finish

SATURDAY 19th JULY

09:30 - 10:00	Mass
10:00 - 10:45	Exposition, Confessions, tea and coffee
10:45 - 11:00	Repose Blessed Sacrament
11:00 - 11:45	Talk 2
11:45 - 12:00	Praise and Worship
12:00 - 13:30	Exposition, prayer ministry, confessions, lunch (Bring packed lunch)
13:30 - 15:00	Break
15:00 - 15:15	Divine Mercy Chaplet
15:15 - 15:30	Praise and Worship
15:30 - 16:00	Talk 3
16:00 - 18:00	Break
18:00 - 19:15	Parish anticipatory Mass
19:15 - 19:30	Gather for tea and coffee
19:30 - 19:45	Praise and Worship
19:45 - 20:15	Testimony
20:15 - 21:15	Expose Blessed Sacrament and corporate healing service
21:15	Repose Blessed Sacrament and Finish

SUNDAY 20th JULY

11:00 - 12:00	Mass
12:00 - 12:30	Tea and coffee
12:30 - 12:45	Praise and Worship
12:45 - 13:00	Talk 4
13:00 - 14:00	Infilling of the Holy Spirit
14:00	Communal Lunch

Registration not necessary, but to help us cater appropriate refreshments, please let us know you are coming by using the St Laurence parish portal or emailing us on retreat2025@saintlaurence.org.uk